

Swimming Regular Season Rules 2024-2025

SPECIFIC SPORT REGULATIONS

Section 1 Rules National Federation Swimming Rules shall govern all NJSIAA meets.

Section 2 Start of Practice Provided for in Program Regulations, Section 6.

Section 3 Start of Regular Schedule Provided for in Program Regulations, Section 8.

Section 4 End of Season Provided for in Program Regulations, Section 10.

Section 5 Transfers A student who transfers after the NJSIAA Competition Start Date for each sport, regardless of whether the transfer was the student's first transfer, shall be ineligible to participate in any post-season championship competition at the new school.

Section 6 N/A

Section 7 Meets Per Week Meets may not be conducted on three (3) consecutive days.

Section 8 Maximum Meets Provided for in Program Regulations, Section 15..

CL 1: Schools with a declared separate boys team and girls team may not swim as a combined team unless swimming against a declared combined team. Declared combined teams may not swim as a separate boys team or a separate girls team in interscholastic meets.

CL 2: Diving will not be included as an event during the regular season, the NJSIAA PowerPoints championship or in the NISCA Power Points for qualification for the team championship competition. Conferences may include Diving in conference meets. Schools may include Diving in non-conference meets by written agreement of the competing schools.

Sections 9-15 N/A

Section 16 Championship Eligibility A student competing on an interscholastic swimming team must swim as a member of his/her high school team in at least 50% of the school's total meets to be eligible for the NJSIAA State Tournament.

CL 1: Students who experience Extraordinary Circumstances, which are limited to injuries/medical reasons or return from academic ineligibility, must play in at least 50% of the school's games, up to and including the cut-off date, less those games in which the student was not able to compete due to the Extraordinary Circumstance. Extraordinary Circumstances shall be reviewed on a case-by-case basis by the NJSIAA upon request by the school.

CL 2: Late entries will not be accepted as outlined in Program Regulations, Section 13.

CL 3: Once schools declare their swim teams as either separate boys, separate girls or combined/co-ed, those declared teams will remain as such during the state tournament classification process. As in regular season competition, combined/co-ed teams will be grouped with boys teams and not grouped with girls teams to determine classification group size. Boys teams and combined/co-ed teams will be classified together in their A, B, and C groups, according to the Northing System. Girls teams will be classified separately (without including combined/co-ed teams) in their A, B, and C Groups according to the Northing System.

Section 17 Officials

A minimum of three (3) NJSIAA registered officials is required for all championship swimming meets. Four (4) officials will be assigned to the sectional state semifinals and finals.

A minimum of two (2) NJSIAA registered officials shall be used for all other varsity meets.