

Basketball Regular Season Rules 2024-2025

SPECIFIC SPORT REGULATIONS

Section 1 Rules National Federation edition of the Basketball Rules of the United States and Canada shall govern all NJSIAA games.

Section 2 Start of Practice Provided for in Program Regulations, Section 6.

Section 3 Start of Regular Schedule Provided in Program Regulations, Section 8.

Section 4 End of Season Provided for in Program Regulations, Section 10.

Section 5 Transfers A student who transfers after the NJSIAA Competition Start Date for each sport, regardless of whether the transfer was the student's first transfer, shall be ineligible to participate in any post-season championship competition at the new school.

Section 6 Scrimmages There is no maximum limit to interschool scrimmages per week. However, a player may not scrimmage on three (3) consecutive days. From the start of the regular season until the end of the State Tournament, regular season interschool scrimmages count toward the maximum number of games allowed (24)

Section 7 Games Per Week Games may not be played on three (3) consecutive days.

Section 8 Maximum Games Provided for in Program Regulations, Section 15.

Section 9 Quarters per Day A basketball player shall play no more than five (5) quarters during the same calendar day. This would include freshman, sophomore, junior varsity, and varsity competition.

CL: Violations of this section result in ineligible participation and forfeiture of the game.